

WHCL NURSING PROGRAM EDUCATIONAL FOUNDATIONS

Culture of Health Nursing Program Curriculum

College and Nursing Program Location

The WHCL Nursing Program is located in Lemoore, California, a rural area of Central California. Local and surrounding health care systems are increasing their commitment to community-based care. Our college is located in an area of unmet need (UMN) and in a Registered Nursing Shortage Area (RNSA). The college population is of 50% Hispanic and the nursing program equals that demographic. We believe as a nursing faculty that we have an opportunity and a responsibility to educate our nursing students to provide care that promotes a Culture of Health within our community. It is imperative to educate our students with a nursing curriculum that is forward thinking and supports the delivery of care to keep people and communities healthy.

Culture of Health Concept

The Robert Wood Johnson Foundation, through several initiatives, are supporting and encouraging nursing roles in health care delivery. They support the need to develop the RN workforce to be prepared for roles in primary care and community-based settings (Shaffer et al., 2017).

The shift in delivery systems requires students to have an understanding of social determinants of health and their impact on health and wellness of patient populations. Disparities in access to care, patient centered care and encouraging advocacy for one's health supports a population health and culture of health philosophy (Shaffer et al., 2017)

Clinical Immersions both acute care and community focused

Clinical rotations will be centered on immersing students in experiences to support a Culture of Health in environments beyond the hospital and expand into the community to support the various roles of RNs.

Course Scheduling

The nursing program is a full 4 semesters (fall/spring) with a summer break. Theory classes are typically Tuesdays and Thursdays all day with clinical immersions scheduled 1 or 2 days per week depending on the course and specialty area. Inpatient clinicals are located in Fresno, Madera, Hanford, Visalia and Coalinga depending on the courses and specialty. WHCL shares these clinical locations with all other nursing programs in the Fresno and surrounding areas.

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VISION

The West Hills College Lemoore Nursing Program is dedicated to a commitment to excellence in nursing education that will position graduates for practice in dynamic health care environments.

MISSION

The West Hills College Lemoore Associate Degree Nursing Program endorses the mission of West Hills College Lemoore (WHCL) which is: to serve “a diverse community of students who seek an affordable, accessible, relevant, and rigorous education. The college community is dedicated to student learning and achievement by providing quality courses that lead to certificates, associate degrees, transfer, and career pathways.” (West Hills College Lemoore 2018-2019 Catalog, p.7).

The West Hills College Lemoore Associate Degree Nursing Program adheres to this mission when offering the Associate Degree in Nursing. The mission of the nursing program is to provide an innovative, student-centered educational program that prepares diverse students as candidates to become Registered Nurses to provide safe, quality, evidence-based nursing care in the current healthcare environment. Upon completion of the program, the graduate is qualified to take the NCLEX-RN examination.

West Hills College Lemoore Nursing students will embody the Integrating Concepts of the National League for Nursing (NLN) and develop the ability to move with grace through the many realms of nursing. The students will master varied areas of knowledge and science. They will be prepared to operate in complex environments while meeting the highest standards of quality and safety. Students will be able to work comfortably in inter-disciplinary healthcare teams. With an awareness of their own personal and professional growing edge and learning needs, they will be able to build the relationships by which they touch and respond to those in need in the communities they serve (NLN, 2010).

Curriculum Framework- Culture of Health-Clinical Immersions

A Culture of Health is a national framework for improving health, equity, and well-being, in which good health and well-being flourish across geographic, demographic, and social sectors; fostering healthy equitable communities’ guides public and private decision-making; and provides individuals the opportunity to make choices that lead to healthy lifestyles.

A Culture of Health supports health promotion, advocacy for sick and well patients of all ages, ethnicities, and cultures in a variety of settings. A Culture of Health includes a nurse-patient partnership with emphasis on the role of patient as consumers, as well as supporting for health equity (Robert Wood Johnson Foundation).

Clinical Immersions

To support a Culture of Health through the curriculum, WHCL nursing program includes *Immersion*s to further expand the clinical experience to create a well-rounded registered nursing graduate to navigate the changing health care system. Health care systems are strengthening their commitment to their communities and WHCL is located in a rural community where this growth is actively occurring. To support an educational focus of the understanding of social

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determinants and their impact on health and wellness WHCL clinical rotations are centered on immersing students in experiences that reflect a variety of care environments beyond the hospital. This type of clinical experience will prepare graduates of WHCL nursing program with the interpersonal skills and broad based knowledge required to care for individuals and families. Each immersion is designed for students to spend time in both acute-care setting and areas where people transition along the life and care continuum all in the same clinical experience (Shaffer, Swan, Bouchaud, 2017)

West Hills College Lemoore Registered Nurse End-of-Program Student Learning Outcomes (PLOs)

1. Prioritize safe, quality nursing care incorporating application of the nursing process to diverse patients across the lifespan in a variety of health care settings.
2. Exercise nursing judgment through application of critical thinking, clinical reasoning, and evidence-based practice to promote the health of patients in a family and community context.
3. Participate in quality improvement processes to improve patient care outcomes.
4. Initiate communication and interdisciplinary collaboration with members of the healthcare team, patient and the patient's support system to facilitate improved patient outcomes.
5. Utilize the appropriate information management systems and patient care technology to communicate within an interdisciplinary team, manage knowledge, mitigate error and support decision making in the clinical environment.
6. Analyze professional identity through leadership and a commitment to caring, diversity, ethics, excellence, holism, integrity, and patient-centered care.
7. Create a caring Culture of Health in demonstrating a spirit of inquiry and providing care to sick and well patients of all ages, ethnicities, and cultures in a variety of community settings.

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Course Descriptions Fall 2020 Curriculum

Traditional Associate Degree Program

Semester 1

NURS 016 Nursing and a Culture of Health: NURS 016 is an introduction to professional nursing concepts related to caring, professional standards and values, ethical and legal aspects of professional nursing practice, communication and collaboration, evidence-based practice, teaching and learning, healthcare systems and policy, informatics and quality and safety within a Culture of Health. Nursing process is introduced as a method of clinical decision-making. (1 unit)

NURS 017 Culture of Health 1 *Nursing Care of the Adult and Older Adult*: NURS 017 focuses on biopsychosocial concepts related to wellness and illness in adult and aging patients, with an emphasis on gerontological principles in the acute care medical surgical, long-term care, and community settings. Clinical decision-making through nursing process is emphasized for adult and aging patients in the context of a Culture of Health. (4 units)

NURS 017L Culture of Health 1 Immersion (Corequisite NURS 17): NURS 017L focuses on health assessment, nursing skills, and medical surgical nursing aligned with concepts in Culture of Health 1. Application of clinical decision-making through nursing process occurs in the learning lab and healthcare and community settings, with an emphasis on gerontological nursing. (4 units)

NURS 018 Critical Thinking and a Culture of Health: NURS 018 focuses on the development of critical thinking, along with the application of clinical reasoning with a nursing focus as the student learns the language they will use throughout the nursing program. The course will assist the student to apply critical thinking skills and clinical judgment through the application of the nursing process for patients in a variety of clinical settings. The course will facilitate the student's application of clinical reasoning to patient management, to manage patient-centered care in the current healthcare environment. Through application of critical thinking, students will analyze patient outcomes, noting potential complications, along with management of the patient to prevent poor patient outcomes. (1 unit)

NURS 019 Foundations and a Culture of Health: NURS 019 is a laboratory practice and remediation course that allows mastery of professional nursing concepts and nursing skills necessary for providing safe patient care within a Culture of Health. Application of clinical decision-making in long-term care, acute care and community settings through nursing process is practiced. (2 units) *elective

Total Semester 1 Nursing Course Units: 10 (6 units theory) (4 units lab) *not including elective

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Semester 2

NURS 020 Culture of Health 2 *Nursing Care of the Adult*: NURS 020 focuses on management and provision of care for adult patients with acute and chronic health care needs. Clinical decision-making through nursing process is emphasized for patients in the context of a Culture of Health. (2 units)

NURS 020L Culture of Health 2 Immersion: NURS 020L focuses on nursing skills and clinical experiences aligned with concepts in Culture of Health 2. Application of clinical decision-making through nursing process occurs in the learning lab, acute care medical-surgical clinical and community settings. (2 units)

NURS 021 Culture of Health 3 *Maternal and Child Nursing*: NURS 021L focuses on concepts related to maternal child nursing with emphasis on development, family, and biopsychosocial concepts related to child bearing, sexuality, and pediatrics. Clinical decision-making through nursing process is emphasized for patients in the context of a Culture of Health. (4 units) (2 units OB; 2 units Pediatrics)

NURS 021L Culture of Health Immersion 3 (Corequisite NURS 021): NURS 021L focuses on nursing skills and clinical experiences aligned with concepts pertinent to child bearing, sexuality, and pediatrics. Application of clinical decision-making through nursing process occurs in the learning lab, healthcare, and community settings. (3 units) (1.5 units OB; 1.5 units Pediatrics)

NURS 022 Family and a Culture of Health: NRUS 022 is a theory and laboratory practice and remediation course that allows mastery of nursing concepts and nursing skills necessary for providing safe client care within a culture of health in the context of family and community. Application of clinical decision-making in acute care and community settings through nursing process is practiced. (3 units) *elective

Total Semester 2 Nursing Course Units: 11 (6 units theory) (5 units lab) *not including elective

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Semester 3

NURS 030 Culture of Health 4 Nursing Care of the Adult: NURS 030 focuses on medical-surgical concepts related to the management of care of adult patients with chronic and complex care needs. Clinical decision-making through nursing process is emphasized for patients in the context of a Culture of Health. (3 units)

NURS 030L Culture of Health 4 Immersion (Corequisite NURS 030L): NURS 030L focuses on medical-surgical nursing skills and clinical experiences aligned with concepts in Culture of Health 4. Chronic and complex care needs of adult patients where transitions are emphasized through clinical decision-making and application of the nursing process and evidence-based practices in acute care and community settings. (3 units)

NURS 031 Culture of Health 5 Psychiatric Mental Health Nursing: NURS 031 focuses on concepts of patient-centered care for patients with a focus on mental health/psychiatric nursing. Communication, advocacy, and safety are emphasized. Clinical decision-making through nursing process is emphasized for patients in the context of a Culture of Health. (1.5 units)

NURS 031L Culture of Health 5 Immersion (Corequisite NURS 031) NURS 031L focuses on nursing skills and clinical experiences aligned with concepts in Culture of Health 5. Clinical experiences occur mental health/psychiatric in acute, chronic, and community settings with a focus on community resources. Application of the nursing process and evidence-based practices are emphasized. (1.5 units)

NURS 032 Issues and Trends in a Culture of Health: NURS 032 is a theory and laboratory remediation course. The course allows mastery of nursing concepts and nursing skills necessary for providing safe client care within a culture of health in the context of health care trends, issues and the community. Application of clinical decision-making in acute care and community settings through nursing process is practiced. (3.0 units) *elective

Total Semester 3 Nursing Course Units: 9 (4.5 units theory) (4.5 units lab) *not including elective

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Semester 4

NURS 040 Culture of Health 6 Nursing Care of the Adult: NURS 040 focuses on concepts of medical-surgical nursing as related to trauma and other complex, life threatening illnesses and injuries. Emergency preparedness in healthcare systems is also addressed. Clinical decision-making through nursing process is emphasized for patients in the context of a Culture of Health. (2.5 units)

NURS 040L Culture of Health 6 Immersion: (Corequisite NURS 040): NURS 040L focuses on integration and application of medical-surgical concepts of trauma and complex care while supporting a Culture of Health in providing patient-centered care in acute healthcare and community settings. Application of the nursing process and evidence-based care are emphasized. (3.5 units)

NURS 041 Transition into Practice in the Community: NURS 041 focuses on concepts of management and leadership, professionalism, healthcare systems and policies, and informatics in improving patient outcomes for adults and older adults. This course supports strategies for success prior to entering Registered Nursing Practice. (1.5 units)

NURS 041L Community Immersion (Corequisite NURS 041L): NURS 041L involves application of concepts occurring in healthcare and community settings. Students will integrate concepts and provide leadership in the provision of patient-centered care while supporting a Culture of Health. Application and evaluation of clinical decision-making within a nursing process framework is emphasized in addition to provision of evidence-based care. (1 unit)

NURS 042 Community and a Culture of Health: NURS 042 is a theory and laboratory practice and remediation course that allows mastery of nursing concepts and nursing skills necessary for providing safe client care within a culture of health in the context of health care trends, issues and the community. Application of clinical decision-making in acute care and community settings through nursing process is practiced. (3.5 units) *elective

Total Semester 4 Nursing Course Units: 8.5 (4 units theory) (4.5 units lab) *not including elective

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LVN-RN Associate Degree Program with Spring Start (3 terms)

Spring Semester

NURS 012 Role Transition LVN to RN: NURS 012 focuses on the theory and application of concepts of physical assessment, the nursing process, critical thinking, and the relationship of homeostatic mechanisms to fluids and electrolytes and nursing competencies in the professional roles of clinician, teacher, leader and advocate. This course will support the LVN to RN student to transition into the role of Registered Nurse. Development of critical thinking, along with application of clinical reasoning with a nursing focus to support student learning throughout the program. The course will assist the student in application of critical thinking skills and clinical judgement through the application of the nursing process for patients in variety of clinical settings. The course will facilitate the student's application of clinical reasoning to patient management, to deliver patient-centered care in the current health care environment. Through application of critical thinking, students will analyze patient outcomes, noting potential complications, along with management of the patient to prevent poor patient outcomes. (5 units) 3.5 units lecture; 1.5 units lab **Total Spring Nursing Course Units: 5 (3.5 units theory) (1.5 units lab)**

Fall Semester

NURS 030 Culture of Health 4 Nursing Care of the Adult: NURS 030 focuses on medical-surgical concepts related to the management of care of adult patients with chronic and complex care needs. Clinical decision-making through nursing process is emphasized for patients in the context of a Culture of Health. (3 units)

NURS 030L Culture of Health 4 Immersion (Corequisite NURS 030L): NURS 030L focuses on medical-surgical nursing skills and clinical experiences aligned with concepts in Culture of Health 4. Chronic and complex care needs of adult patients where transitions are emphasized through clinical decision-making and application of the nursing process and evidence-based practices in acute care and community settings. (3 units)

NURS 031 Culture of Health 5 Psychiatric Mental Health Nursing: NURS 031 focuses on concepts of patient-centered care for patients with a focus on mental health/psychiatric nursing. Communication, advocacy, and safety are emphasized. Clinical decision-making through nursing process is emphasized for patients in the context of a Culture of Health. (1.5 units)

NURS 031L Culture of Health 5 Immersion (Corequisite NURS 031) NURS 031L focuses on nursing skills and clinical experiences aligned with concepts in Culture of Health 5. Clinical experiences occur mental health/psychiatric in acute, chronic, and community settings with a focus on community resources. Application of the nursing process and evidence-based practices are emphasized. (1.5 units)

NURS 032 Issues and Trends in a Culture of Health: NURS 032 is a theory and laboratory remediation course. The course allows mastery of nursing concepts and nursing skills necessary

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for providing safe client care within a culture of health in the context of health care trends, issues and the community. Application of clinical decision-making in acute care and community settings through nursing process is practiced. (3.0 units) *elective

*Total Nursing Course Units: 9 (4.5 units theory) (4.5 units lab) *not including elective*

Spring Semester

NURS 040 Culture of Health 6 Nursing Care of the Adult: NURS 040 focuses on concepts of medical-surgical nursing as related to trauma and other complex, life threatening illnesses and injuries. Emergency preparedness in healthcare systems is also addressed. Clinical decision-making through nursing process is emphasized for patients in the context of a Culture of Health. (2.5 units)

NURS 040L Culture of Health 6 Immersion: (Corequisite NURS 040): NURS 040L focuses on integration and application of medical-surgical concepts of trauma and complex care while supporting a Culture of Health in providing patient-centered care in acute healthcare and community settings. Application of the nursing process and evidence-based care are emphasized. (3.5 units)

NURS 041 Transition into Practice in the Community: NURS 041 focuses on concepts of management and leadership, professionalism, healthcare systems and policies, and informatics in improving patient outcomes for adults and older adults. This course supports strategies for success prior to entering Registered Nursing Practice. (1.5 units)

NURS 041L Community Immersion (Corequisite NURS 041L): NURS 041L involves application of concepts occurring in healthcare and community settings. Students will integrate concepts and provide leadership in the provision of patient-centered care while supporting a Culture of Health. Application and evaluation of clinical decision-making within a nursing process framework is emphasized in addition to provision of evidence-based care. (1 unit)

NURS 042 Community and a Culture of Health: NURS 042 is a theory and laboratory practice and remediation course that allows mastery of nursing concepts and nursing skills necessary for providing safe client care within a culture of health in the context of health care trends, issues and the community. Application of clinical decision-making in acute care and community settings through nursing process is practiced. (3.5 units) *elective

Total Semester Nursing Course Units: 8.5 (4 units theory) (4.5 units lab)

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Curriculum Development Support

The West Hills College Lemoore (WHCL) Nursing Program Culture of Health Curriculum was developed by the WHCL nursing faculty with funding supported by The Kaiser Permanente Northern California Fund for Health Education at the East Bay Community Foundation & Butte College Economic Workforce Development Program. The Culture of Health theme concept adapted with consult and coaching from Dr. Beth Ann Swan and Dr. Kathryn Shaffer professors at the Robert Wood Johnson Foundation recognized, Jefferson University College of Nursing in Philadelphia. Curriculum Educational Foundations, course development, initial program and course learning outcomes including leveling developed with consult from Nurse Tim educational consultants. Additional program learning outcomes and competencies modeled after Porterville College Associate Degree Nursing Program curriculum that Porterville College Nursing Program developed in consultation with Dr. Linda Caputi.

Program Learning Outcomes supported by the following documents and/or agencies

- Agency for Healthcare Research and Quality (AHRQ) six aims for the health care system (2017)
- American Nurses Association (ANA) *Code of Ethics for Nurses with interpretative statements* (2015)
- American Nurses Association (ANA) *The Essential guide to Nursing Practice: Scope and Standards in Practice and Education* (2012)
- California Board of Registered Nursing section 1426 in reference to Required Curriculum for nursing programs.
- Institute of Medicine (IOM)
- NCLEX-RN detailed test plan (2016)
- National League for Nursing (NLN) *Outcome and Competencies for ADN Graduates* (2010)
- Quality and Safety Education for Nurses (QSEN) (2007)