

Kinesiology (KINES)

KINES 046 **Care & Prevention of Athl Inju**

(3)

Class Hours: 3.00 Lecture | 54.00 Laboratory

Advisory(s): ENG 051A

Transfers to: Transfers to CSU only

Care & Prevention of Athletics Injuries

KINES 046 is designed for prospective coaches, athletic trainers, and health and physical educators. The course aids in the recognition, evaluation, and care of athletic injuries, as well as techniques in taping, prevention and rehabilitation of injuries. (AA/AS, CSU)
